

Hygiene concept pertaining to outdoor sports

The following hygiene measures are to be adhered to when exercising sports at outdoor facilities:

1. Amateur and recreational sports activities for training purposes are permitted as follows:
 - a. Non-contact training conducted either individually or in compliance with the contact restriction set forth in § 2, para. 1,
 - b. Non-contact training in small groups of up to a maximum of ten plus one trainer in compliance with the distance requirement as per § 1 Para. 2 Sentence 1 (two physically separated sub-groups on one sports field are permitted, but mixing of the groups is prohibited) or
 - c. Training in groups of up to 20 children up to and including 14 years of age plus one trainer.

Contact tracing is mandatory for the above-mentioned groups (b. and c.) IAW § 1 Para. 8 Sentence 1. It is to be ensured that the participants can be reached (last name, first name, address, telephone number) and that the date and time of attendance are logged.

2. Organization and implementation

- a. The decision on the opening of the sports facility is the responsibility of the operator.
- b. It is only permitted to stay at the sports facility for the period of the sports practice.
- c. No spectators are permitted, with the exception of relatives of the first and second degree during the sporting activities of minors.
- d. Access is to be denied to anyone showing visible symptoms of a respiratory infection.
- e. It is mandatory to disinfect or wash the hands on entering the facility. Suitable washing facilities or disinfection dispensers are to be provided by the operator.

3. Facility-related measures:

- a. No use of any common areas, including changing rooms and showers, is permitted; individual use of toilet rooms is permitted. Hand washing areas (located at adequate distance to each other) must be equipped with liquid soap and disposable towels for wiping hands.
- b. Training equipment must be cleaned after use with a grease-dissolving household cleaner or disinfected with a product containing at least a limited amount of antiviral agents.
- c. The applicable protective measures and rules of conduct (incl. general rules of infection protection such as "sneezing etiquette", identifying common cold symptoms, etc.) are to be indicated by adequate signs.

4. As a general rule:

- a. A responsible person must be appointed on site to ensure compliance with the regulations. Individuals not prepared to comply with these regulations are to be denied access or stay in accordance with the facility rules.
- b. In other respects, the competent authority may, in a justified individual case, permit exceptions or issue other hygiene requirements upon request, provided that a requirement under the valid Corona Ordinance is not mandatory, the level of protection is comparable and the purpose of the Corona Ordinance is complied with.
- c. The specific regulations and requirements for professional and top-level sports can be found in the current version of the Corona Control Ordinance (CoBeLVO) as well as the Corona Implementation Ordinance (Corona-Durchführungsverordnung) of Rhineland-Palatinate.
- d. The German Olympic Sports Confederation (DOSB) and its leading associations have defined sport-specific regulations for practicing sports based on the measures according to the Infection Protection Act, which must be observed accordingly, if they provide for stricter regulations.